

# The Rise of Smart Home Technologies

*Are you utilizing smart home technology? In this contributed post Jacqueline Dalton discusses how to use this technology to organize your life.*

## **How To Use Smart Technology To Organize Your Digital Life**

More than two-thirds of consumers are [likely to purchase IoT devices](#) for their homes by 2019. The reason why? They make your life easier by allowing you to remotely control and access various things such as a thermostat, lighting and even a virtual personal assistant, making them especially [important if you work from home](#) or simply store a lot of your life online. While not necessarily physical clutter, digital clutter can make your life feel like a disorganized mess, and learning how to effectively manage it will allow you to reap the benefits of stress-free workdays. You'll even have time left over to spend enjoying your organized physical space.

## **Start by organizing your time**

You won't get very far in your organizing process if you can't first take a step back and look at the [most efficient way to organize your time](#). Not only is this a crucial skill in remote working, but it's also a great skill to have in life and one that will benefit you both professionally and personally. The ZEI timekeeper is great for this, as it is a small portable die that allows you to assign each of the eight sides to a different workplace task such as chores, homework, planning, budgeting or whatever you feel like is most important to you. When you are performing a certain task, you can flip the die to that side and the timekeeper starts the clock. At the end of the week, [the device creates a timesheet for you](#) so you can accurately see where you are spending your time.



## **Integrate smart tech into all areas of your home**

Now that you've got an idea of where you're spending most of your time and how to optimize it, you'll want to take advantage of the digital world we live in and the smart technologies available to you in order to connect your home however you can. Google Home is now available on [more than 5,000 smart home devices](#) including General Electric bulbs, Logitech connected cameras, and LG home appliances. This is key in allowing you to organize your digital and physical life as it allows you quickly and easily [control the settings of your home](#), leaving you to focus more on other important issues. Investing in a voice assistant such as the Google Home or Amazon Echo will allow you to use voice activation to set reminders of important events, set a smart appliance to self-clean itself and even remotely control the thermostat. All of these are small, actionable ways you can organize your life by increasing the efficiency with which you live.

## **Committing to getting organized**

There are a million and one ways in which you can use smart

technology to organize your life, but the decision to get organized is the first step. Take advantage of the various different technologies available to help you first manage your time and then optimize it by automating various aspects of your life and setting helpful reminders for yourself in the easiest way possible. Maybe one day that in-home assistant will eventually learn how to do the laundry, but until then, you'll have to work that in yourself.